



DUAL ATHLETICS

OPPORTUNITIES FOR ATHLETES TO EXPERIENCE SENIOR COMPETITION

In a joint initiative, Athletics New South Wales (ANSW) and the Little Athletics NSW (LANSW) have made the pathway to senior athletics easier.

If you are aged 11- 16 years and want to compete not only at little athletics but a wide range of fun and exciting events, then Dual Registration is for you!

Register with one of over 70+ athletics clubs across NSW through the Dual Registration Program to mix it with the seniors and enjoy taking your athletics to the next level.

FOR FURTHER INFORMATION CONTACT ANSW

Ph **9746 1122** E info@nswathletics.org.au

www.nswathletics.org.au

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WHO CAN BE A DUAL ATHLETE?

Athletes aged 11 to 16 are eligible for Dual Athletics. To be eligible, athletes must be a current member of a LANSW centre in the U12 to U17 age groups.

HOW DO I BECOME A DUAL ATHLETE?

Simply contact your local ANSW club and enquire about activating your LANSW registration to dual registration. All ANSW clubs can be located on our website www.nswathletics.org.au. Simply click "Get Involved > Find a club" on the home page. *Alternately, contact ANSW on 02 9746 1122 to find the club for you.*

WHAT IS THE COST?

The annual dual registration fee has been waived by ANSW for the upcoming season. Athletes may have to pay a small club fee to join a club and access their resources. Each ANSW club sets these fees independently.

WHAT DO I WEAR?

Your club may allow you to wear your LANSW Centre uniform while competing at senior competition (except NSW State Championships). Athletes will be required to wear their ANSW competition numbers at all ANSW meets. The number identifies registered athletes to officials and administration staff.



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